

# 30+2

# INFANT CPR

## 1. Check Infant

Flick bottom of foot and tap shoulder  
Tilt head slightly & lift chin / Check for breathing

## 2. Call 9-1-1 Have someone else call.

If alone give care for 2 minutes before calling

## 3. Give 2 Rescue Breaths

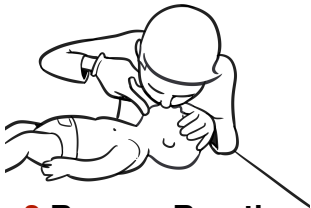
Tilt head & lift chin  
Cover infants nose and mouth with your mouth  
Blow for 1 second

## 4. Give 30 Chest Compressions

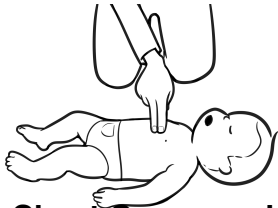
2 or 3 fingers in center of chest (at nipple line)  
Push 1.5" deep, fast & hard @ rate of 100/minute

## 5. Repeat Steps 3 & 4 Until:

- The infant starts breathing
- or an AED is available and ready to use
- or help arrives and takes over



**2** Rescue Breaths



**30** Chest Compressions